

Scalloped Portobello Mushrooms

Scalloped Portobello Mushrooms baked under a blanket of hot, bubbling melted cheese in a hint of a garlic cream sauce. Deliciously seasoned and super easy... the smell coming out of your kitchen while these are baking is crazy!



5 from 2 votes

Prep Time

10 mins

Cook Time

35 mins

Total Time

45 mins

Course: Side Dish Cuisine: American Keyword: portobello mushrooms

Servings: 6 people Calories: 145kcal Author: Karina

Ingredients

- 1/2 cup fresh shredded Mozzarella cheese
- 1/2 cup fresh shredded Gruyère
- 1/2 cup fresh grated Parmesan
- 2 tablespoons freshly chopped parsley, plus more for garnish
- 2 teaspoons Italian seasoning, (or dried Italian mixed herbs)
- 1/2 teaspoon onion powder
- 1/2 teaspoon garlic powder
- 8 large portobello mushrooms
- Salt, to season
- Cracked black pepper, to taste
- 1/2 cup heavy cream
- 2 cloves garlic minced (or 2 teaspoons minced garlic)

Instructions

PORTOBELLO MUSHROOMS

1. Preheat oven to 400°F (200°C). In a medium bowl, toss together Mozzarella, Gruyère, Parmesan, parsley, Italian seasoning, onion powder and garlic powder. Set aside.
2. Remove stems from portobello mushrooms and slice into 1/2-inch (1-cm) slices.
3. Arrange one-third of mushrooms in the bottom of a 2-quart (2-litre) baking dish. Sprinkle with one-third of the cheese mixture. Season with salt and pepper.

Repeat layering two more times.

4. Mix together cream and minced garlic and pour mixture over mushrooms.
5. Cover with foil and bake until mushrooms are tender, (about 30 minutes). Remove foil and carefully pour out excess liquid from the bottom of the dish into a small pot. Set pot aside.
6. Return mushrooms to the oven and broil/grill until golden, (about 4-5 minutes).

LIQUID GRAVY (OPTIONAL STEP)

1. Bring mushroom pan juices in the pot to a simmer over medium-high heat.

2. Mix 1 teaspoon cornstarch with 1 tablespoon water and whisk in cornstarch mixture until fully combined.
3. Continue to simmer while stirring until gravy has thickened.
4. Serve with mushrooms.

Nutrition

Calories: 145kcal | Carbohydrates: 5g | Protein: 11g | Fat: 9g | Saturated Fat: 6g | Fiber: 2g | Sugar: 3g